



### Union Sports Arena Special Programs and Clinics Release

*Ice skating involves certain inherent risks, dangers and hazards that can result in serious personal injury. Use of rental skating equipment also involves certain inherent risks, dangers and hazards that can result in serious personal injury. The skater and the skater's parent or legal guardian assume and accept all risk of injury while in Union Sports Arena. All skaters agree to abide by the posted Skaters Responsibility Code and acknowledge that all skaters skate at their own risk.*

*At all times, the skater and the skater's parent or legal guardian shall be fully liable for personal injury and property damage incurred while in the Facility and the skater and the skater's legal guardian agree to defend and hold the Facility, its members, officers, agents and employees harmless against any and all liability for claims, demands and causes of action asserted against the facility arising from skater's use of the Facility or otherwise upon the premises.*

**Yes, I have read and understand the policies that are stated with regards to the Special Clinic.**

\_\_\_\_\_  
Age \_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Date: \_\_\_\_\_  
Signature of Parent or Guardian (if under 18)



**For further information:  
Call 908-687-8610  
Fax 908-687-8924**

**Visit our website at:  
[www.unionsportsarena.com](http://www.unionsportsarena.com)**

Union Sports Arena  
2441-A Route 22 West  
Union, NJ 07083

## Union Sports Arena Winter Girls Only Beginner Clinic (For Girls 10 & Under)

*This is the perfect program for skaters coming out of our Learn to Skate Program*



**Oct. 15<sup>th</sup>, 2016 – Feb. 25<sup>th</sup> 2017  
Saturdays – 5:45-6:45 pm**

**\$30 per session  
10 session pass: \$250**

***Play the Coolest Game in Town!***



2441-A Route #22 West, Union, NJ 07083  
Phone: 908-687-8610 Fax: 908-687-8924  
(Just behind Pizza Hut & Best Buy)

# Winter Girls Only Beginner Clinic

(Girls 10 & Under)

Learn the game of hockey  
from professional  
instructors.



Intended for beginner players ages 4 - 10.

**Starting October 15th, 2016**

**Saturdays – 5:45-6:45 pm**

**Skating Skill Level:** Players should know how to skate forward and be nearly able to stop.

Players are grouped by age and ability level.

## Format:

5 minutes: Warm-ups  
35 minutes: Skills & Drills  
20 minutes: Scrimmage Game(s)  
(using the USA Hockey cross-ice format).

## Goals:

- To develop a skating comfort zone for each player; preparing them to enter hockey play at the in-house level.
- To build basic hockey skills, including skating, shooting, stick-handling and passing skills, within a small group format.
- To teach proper skating techniques using a stick, supplemental to the “Learn to Skate Hockey” program offered by Union Sports Arena.
- To give girls an opportunity to have their own space at the rink and develop a passion for the game at their own pace.
- To have FUN!

This program will be coached primarily by Matt Anderson and Matt Gualtieri assisted by a staff of professional instructors, high level High School Players and youth assistant coaches.

**Equipment Needed:** **Helmet with full-face shield, gloves, stick, elbow pads, shin guards, shoulder pads, hockey pants, hockey socks and ice skates.** Additional protective gear (mouth guards & neck guards) is optional, but recommended.

## Union Sports Arena's Winter Girls Only Clinic Registration Form

**10 session pass: \$250**

Individual sessions will be available at \$30 each for non-club members.

- Yes, I need to rent skates (\$4 per session)  
 Team Jersey Size: \_\_\_\_\_

Name: \_\_\_\_\_

Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip: \_\_\_\_\_

Parent Name (If under 18) \_\_\_\_\_

Phone #: \_\_\_\_\_

E-mail: \_\_\_\_\_

What team do you currently play on: \_\_\_\_\_

What Level: \_\_\_\_\_

Would you like to have future clinic information sent to you?  Yes  No

Payment:  Cash  Check # \_\_\_\_\_  Credit Card

Card # \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Amount: \_\_\_\_\_

Name on Card: \_\_\_\_\_

Please print and include middle initial.

Signature: \_\_\_\_\_

I authorize Union Sports Arena L.L.C. to charge the above credit card for the price shown above.

**Please sign waiver on reverse side.**