

Union Sports Arena

Adult Hockey League Rules

Our objective at Union Sports Arena is to make playing at our facility a fun and relaxed experience where the concept is to get out of the house, get some exercise, socialize with teammates and get home safely, with the understanding that everyone has responsibilities the next day. While playing in our leagues, we hope to provide competitive hockey and no nonsense. Therefore, listed below are some of the key rules and regulations.

The Union Sports Arena Adult Hockey Leagues follow the USA Hockey Rules, except where superseded by house rules.

FIGHTING

- All Fighting (Rule 613a - Fisticuffs) infractions where a major penalty for fighting has been given will carry a mandatory (1) one game suspension for the first offense in the current season. The player's second offense in the same season will carry a mandatory two game suspension. For the player's third fighting offense in a single season, that player will be immediately suspended for the remainder of that season, without recourse, and without refund. This does not include penalties for "Roughing."
- Union Sports Arena has a zero tolerance policy for fighting of any kind. The purpose of the league is to enhance the playing skill of each individual player in a safe playing environment. Players who come off the bench during an altercation will receive a major penalty and a game misconduct in addition to any penalties they receive if they join in the altercation. If you come out of the box or off the bench and then return you will still receive the penalties. "Making a line change" is not an excuse for coming onto the ice during an altercation.
- For running time, the clock remains running during an altercation. When players choose to fight they are wasting their time.

SUSPENSIONS AND UNRULY PLAYERS

- All suspensions are automatic. This means that if you receive a Game Misconduct you are suspended unless told otherwise by the League Director. Note that this does not apply if you receive a "too many penalties" Game Misconduct. In this case you are just removed for the remainder of the game.
- Any player who receives a Game Misconduct will be suspended for a minimum of one game. A player's 2nd Game Misconduct will result in a minimum three game suspension. The 3rd Game Misconduct will result in a minimum six game suspension.
- The on-ice officials have final say concerning players ejected from the game.
- Any player believed by the on-ice officials to be under the influence of alcohol or drugs during a game will be ejected from the game and will be asked to leave the facility.
- Suspended/ejected players must remain in the spectator areas of the rink while their team is playing.
- Players who have been ejected from the game, who return to the playing area for any reason during that game, or subsequent games - where suspended and without the express permission of an on-ice official, or rink management, will be assessed a (1) one game suspension in addition to any suspensions already being served or to be served.

ABUSE OF OFFICIALS

- Abuse of officials will not be tolerated. Accordingly, players who abuse officials may be ejected from the game, and assessed a Match Penalty as described in USA Hockey rule section 601. Players refusing to obey officials including but not limited to refusing to take their place on the penalty bench, or if so instructed, to leave the ice or proceed to the dressing room, are subject to further penalties.

Players should refer to USA Hockey rules "Rule 601. Abuse of Officials and Other Misconduct." for general guidelines concerning actions that may be taken by on-ice officials. These include (but, are not limited to) the following sequence of events: Minor, misconduct, game misconduct, warning to the Captain, bench minor penalty(s) and possible suspension of the game. Please note: Further penalties may be assessed to a team whose individual players refuse to cooperate with the officials. Please see USA Hockey rules regarding "Zero Tolerance".

Other Union Sports Arena "House" Rules:

- For players to participate in playoffs, they must have played in at least 50% of the total regular season games.
- All games have 15 minute periods. Blue line icing applies.
- Running time for a 6-goal (or greater) differential in the third period.
- 10 goal differential = stop play.
- Regular season games can end in a tie (i.e. no overtime or shootouts)
- For Playoff games, if the game is tied at the end of the 3rd period of play, there will be a 1 minute rest period followed by a 5 minute sudden death period with 5 players per team. Rest periods and 5 minute sudden death periods will continue until one team scores. Penalties in effect in the 3rd period or in an overtime period will be continued into any subsequent period.

Incidental Rules:

- Rosters with jersey numbers are required at the start of each season.
- Payments made by individuals constituting a team must be paid within the first game unless otherwise agreed upon by League Director. Payment schedules must be approved and signed off on by player and league rep.
- If a player is "filling-in" and the team fee is not paid in full, that fill-in player must make a required payment of \$30 per game, and is not eligible for playoffs.
- Fill-in or substitute player(s) are allowed only if signed Union Sports Arena waiver and USA Hockey registration confirmation number is provided.
- As always, a valid USA Hockey registration for the current season is required for all players. Registration confirmation numbers must be provided to the rink prior to participating in any games.
- Use or possession of alcohol or drugs in our facility is not allowed.