

Union Sports Arena Adult Hockey Development Clinics

Starting April 7, 2013
Sundays: 8:00-9:00 pm

Intended for both male and female
players age 18 and older.

Price: \$30 per session



The Adult Hockey Clinic caters to adult hockey players who wish to improve their individual skills and overall knowledge of the game. The clinic is designed as an enjoyable and rewarding way to stay in shape and improve your hockey skills. The skills that are addressed are: skating, stick handling, shooting, and positioning. The clinic will include scrimmages and is designed for beginning to intermediate hockey players. Skaters are grouped by experience and skill level.

All participants should have basic skating skills (Forward & Backward Skating, forward crossovers, and hockey stop).

Full hockey equipment is required.

Program Goals:

- To develop and improve individual hockey skating, shooting, stickhandling and passing skills within a small group format.
- To enhance player balance, speed, agility, flexibility.
- To teach basic teamwork, team strategy and game concepts.



Coaching:

Players will be coached primarily by Matt Gualtieri assisted by other Union Sports Arena coaches.

Check us out on the web at
www.UnionSportsArena.com

Union Sports Arena Adult Hockey Development Clinics Registration Form

Price: \$30 – single session
 \$125 – 5 session pass

Name: _____

Age: _____ Birth Date: _____

Address: _____

City, State, Zip: _____

E-Mail: _____

Phone #: _____

What team do you currently play on: _____

What Level: _____

Would you like to have future clinic information sent to you? Yes No

Payment: Cash Check # _____ Credit Card

Card # _____

Exp. Date: _____ Amount: _____

Name on Card: _____

Please print and include middle initial.

Signature: _____

I authorize Union Sports Arena L.L.C. to charge the above credit card for the price shown above.

Please sign waiver on reverse side.

Call 908-687-8610 for further information.

Union Sports Arena Adult Hockey Development Clinic Participant Release

Ice skating involves certain inherent risks, dangers and hazards that can result in serious personal injury. Use of rental skating equipment also involves certain inherent risks, dangers and hazards that can result in serious personal injury. The skater and the skater's parent or legal guardian assume and accept all risk of injury while in Union Sports Arena. All skaters agree to abide by the posted Skaters Responsibility code and acknowledge that all skaters skate at their own risk.

At all times, the skater and the skater's parent or legal guardian shall be fully liable for personal injury and property damage incurred while in the Facility and the skater and the skater's parent or legal guardian agree to defend and hold the Facility, its members, officers, agents and employees harmless against any and all liability for claims, demands and causes of action asserted against the Facility arising from skater's use of the Facility or otherwise upon the premises.

Yes, I have read and understand the policies that are stated with regards to the U.S.A. Adult Hockey Development Clinic.

Name of Participant Age _____

Signature of Participant or
Parent/Guardian (if under 18) Date: _____



**For further information:
Call 908-687-8610
Fax 908-687-8924**

**Check us out on the web at
www.UnionSportsArena.com**

Union Sports Arena
2441-A Route 22 West
Union, NJ 07083

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Walk-on's encouraged

FULL EQUIPMENT IS REQUIRED!



UNIONSPORTSARENA
2441-A Route 22 West, Union, NJ 07083
(Just behind Pizza Hut & Best Buy)
Phone: 908-687-8610 Fax: 908-687-8924