



Union Sports Arena U-12 Girls Skill Development Program Release

Ice skating involves certain inherent risks, dangers and hazards that can result in serious personal injury. Use of rental skating equipment also involves certain inherent risks, dangers and hazards that can result in serious personal injury. The skater and the skater's parent or legal guardian assume and accept all risk of injury while in Union Sports Arena. All skaters agree to abide by the posted Skaters Responsibility Code and acknowledge that all skaters skate at their own risk.

At all times, the skater and the skater's parent or legal guardian shall be fully liable for personal injury and property damage incurred while in the Facility and the skater and the skater's legal guardian agree to defend and hold the Facility, its members, officers, agents and employees harmless against any and all liability for claims, demands and causes of action asserted against the facility arising from skater's use of the Facility or otherwise upon the premises.

Yes, I have read and understand the policies that are stated with regards to the above program.

_____ Age _____
Signature of Participant

_____ Date: _____
Signature of Parent or Guardian (if under 18)



**For further information:
Call 908-687-8610
Fax 908-687-8924**

**Visit our website at:
www.unionsportsarena.com**

Union Sports Arena
2441-A Route 22 West
Union, NJ 07083

**Winter 2017
U-12 Girls
Skill Development
Program
At Union Sports Arena**

The perfect development program for Girls to have fun playing local hockey



**Jan. 5, 2017 – Mar. 11, 2017
Session II - \$500 per player**



Play the Coolest Game in Town!

**2441-A Route #22 West, Union, NJ 07083
Phone: 908-687-8610 Fax: 908-687-8924
(Just behind Pizza Hut & Best Buy)**

Fall/Winter 2016-2017 U-12 Girls Development Program At Union Sports Arena

Learn the game of hockey from
professional coaches and
players from your own towns.



Schedule:

Practices: Thursday Nights at 7:30PM

Scrimmages: Saturday Afternoons at
2:15PM until 3/11

Program Description:

- This program is intended for beginning players; age 10-12 (born in years 2004, 2005 or 2006). It is particularly suited for newer players looking to play for their High School teams or travel teams in the next few years.
- Small Ice Scrimmages will be played weekly on our new 80' x 40' Training Pond to help players more quickly develop their basic skills and hockey sense.
- Players will be grouped by skill and experience level for their weekly skill practices and scrimmage sessions.

- Scrimmages will be played among the program participants and possibly with teams from other comparable programs from nearby rinks.
- The program includes 20 on-ice sessions consisting of 10 small ice practices and 10 small ice scrimmages.
- Scrimmages will be non-checking, but checking may be taught in practices depending on the skill level of the players.
- All players will receive a Union Sports Arena team jersey once teams are established.

Program Goals:

- To develop and reinforce basic hockey skating, puck control, passing and shooting skills within a small group format.
- To develop athletic qualities important to hockey: quickness, agility, coordination, balance, strength and flexibility.
- To reinforce team work and good sportsmanship through competitive games.
- **To have fun!!**

Program Requirements:

- Players should know how to skate forward and backward and be able to stop.
- Full hockey equipment is required, including HECC approved helmet with full-face shield, gloves, stick, elbow pads, shoulder pads, knee pads, hockey pants, hockey socks and ice skates.
- Players must be registered members of USA Hockey for the 2016-2017 season. Registration can be completed online at www.usahockeyregistration.com.

Winter 2017 U-12 Girls Skill Development Ice Hockey Program Registration Form

Ages 10 – 12 (older girls may be considered)

Session II Price: \$500 /player

Jersey Size: _____

Name: _____

Age: _____ Birth Date: _____

Address: _____

City: _____

State _____ Zip: _____

Parent Name: _____

Phone #: _____

Parent E-mail: _____

USA Hockey Number: _____

Payment: Cash Check # _____

Credit Card

Card # _____

Exp. Date: _____ Amount: _____

Name on Card: _____

Please print and include middle initial.

Signature: _____

I authorize Union Sports Arena L.L.C. to charge the above credit card for the price shown above.